

NORWALK-LA MIRADA UNIFIED SCHOOL DISTRICT

Variety of Milk Offered Daily - 1%, 2%, Non-Fat Chocolate

Variety of Juice Offered Daily - Orange , Apple, Wild Berry

Menu Subject to Change

FEBRUARY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grilled Cheese Sandwich Green Salad Apple Slices 1	Pepperoni Pizza Green Salad Orange Slices 2	Bean & Cheese Burrito Green Salad Mixed Fruit 3	Corn Dog on a Stick Bunny Luv Carrots w/Dip Chilled Peaches Chocolate Chip Cookie 4	Chicken Tenders Tater Stars Celery Sticks Dinner Roll 5
Lincolns Birthday Holiday 8	Teriyaki Chicken Steamed Rice Veggie Sticks Frozen Peach Cup 9	Pepperoni Pizza Green Salad Orange Slices Confetti Cookie 10	Spaghetti in Meat Sauce Bread Stick Green Salad Cherry Shape up 11	Chicken Sandwich Broccoli and Dip Fresh Fruit Heart Cinnamon Grahams 12
President's Day Holiday 15	Taco Nada Vegetable Sticks Apple Slices 16	Macaroni & Cheese Chilled Peaches Green Salad Whole Wheat Dinner Roll 17	Baked Chicken Green Salad Orange Slices Dinner Roll 18	PB&J Uncrustable <u>or</u> Grilled Cheese Sandwich Baby Carrots Fresh Fruit Animal Snacker 19
Pepperoni Pizza Green Salad Orange Slices Dinosaur Graham 22	Orange Chicken Steamed Rice Veggie Sticks Chilled Mixed Fruit 23	Soft Tacos Shredded Lettuce & Cheese Applesauce Baked Doritos 24	Chili Cheese Fries Green Salad Whole Wheat Dinner Roll 25	PB&J Uncrustable <u>or</u> Grilled Cheese Sandwich Baby Carrots Fresh Fruit Choco Mini Bites 26
		Breakfast Entrée Choices Cereal, Yogurt & Crackers, Muffin or other assorted items. Includes: Choice of one entrée, fruit, juice and milk Paid \$1.25 Reduced \$. 30		Lunch Prices Elementary \$1.75 Middle School \$2.25 High School \$2.25 Reduced \$.40

Did you know you can make pre-payments directly to your child's meal account? Go to www.mynutrikids.com to prepay your child's meal account. Prepaid meal accounts help the lunch lines go faster and gives students more time to eat, relax and play. It also gives you the peace of mind of not having to worry about looking for lunch money everyday or worry that it might get lost, stolen or used for things other than lunch.